

Diabetes Instruction Sheet

Your procedure should be scheduled first thing in the morning. Please let our scheduling department know if this has not been done.

Oral Medications:

Do not take any oral hypoglycemic agents on the day of the procedure.

Insulin Medications:

Take only ½ the regular PM dose of insulin the evening prior to the procedure.

Do not take any insulin the morning of procedure.

Blood Sugar Management:

The day before the procedure when you are preparing for your colonoscopy by consuming a clear liquid diet and drinking our laxative solution, please check your blood sugar more frequently throughout the day.

In addition, when selecting foods listed on the clear liquid diet, please drink regular juices and sodas. You may consume non-diabetic products the day before procedure.

If your blood sugar becomes low during your preparation when you are to be drinking water only, you may drink clear juices to help raise your blood sugar.

If you have any concerns regarding your blood sugar please call our office and speak to one of the nurses. If it is after hours, call the main office number and speak to the physician on call.