

For Scheduling Changes, please call:

818-538-2562

Patient Name: \_\_\_\_\_

Appointment Date: \_\_\_\_\_

Check-in Time: \_\_\_\_\_

Appointment Time: \_\_\_\_\_

Location: \_\_\_\_\_

## □ Upper EUS (Endoscopic Ultrasound) PREPARATION

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*Please call to pre-register for your procedure One week prior to your scheduled procedure date.*

Your Physician has decided that an upper EUS (Endoscopic Ultrasound) examination is necessary. To achieve a thorough and safe examination it is required that your stomach be empty. Food particles inside your stomach can hide important conditions that may be present. Retained food in your stomach at the time of the procedure can also place you at risk for aspiration of stomach contents into your lungs. Therefore, it is very important that you follow the instructions below as carefully as possible. If you have any questions, please call our office prior to your examination so we may address any of your concerns well ahead of time.

### **Special Considerations:**

If any of the following apply to you, please let us know well in advance of the examination (at least 2 weeks prior to your appointment date) so that we can be prepared and provide special instructions.

- **You take ANY medication that prevents your blood from clotting, ie. Coumadin (warfarin, Jantoven), Plavix, Pradaxa, and Effient**
- **You have an artificial heart valve or other condition requiring antibiotics.**
- **You have diabetes.**
- **You have a history of Latex allergy or sensitivity**

### **Special Instructions:**

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**10 days before the procedure:**

- Arrange for pre-anesthesia labs and possible ECG or Chest X-Ray

**One day before the procedure:**

- You may have your usual diet during the day **but only clear liquids after 10 p.m.**
- **Liquids allowed:** water, clear fruit juices (pulp-free, no red or purple), soft drinks (no red or purple), strained soups and bouillon, Jell-O (no red or purple), Popsicles (no red or purple), black coffee no dairy or creamer) or tea (no dairy or creamer), and Lifesavers (no red or purple).
- **NO FOOD OR WATER 4 HOURS PRIOR TO PROCEDURE**
- Your stomach must be empty when we perform the examination.
- Follow your normal medication schedule with sips of water only.

**The day of the procedure:**

**Absolutely nothing by mouth 4 hours before the procedure.**

- Take your usual a.m. medications (high blood pressure medication, etc.) up to 4 hours before the procedure with small sips of water.
- **DO NOT FORGET TO ARRANGE FOR TRANSPORTATION AFTER THE PROCEDURE, AS YOU WILL BE SEDATED AND UNABLE TO DRIVE FOR THE REMAINDER OF THE DAY.** You can plan to be at the hospital for approximately two hours. You will not be able to drive a car, operate any machinery or go to work until the following day. Bring a family member or trusted friend to the procedure with you, as after the procedure the doctor will discuss the results with you but you may be forgetful from the medications given to you during the procedure to make you comfortable. In addition, for any outpatient procedure the hospital policy requires that a responsible adult must remain with you for the 24-hour period following your procedure. If this is a problem for you, please let our office know immediately.
- **If leaving by taxi, you will not be allowed to leave by yourself. You must be accompanied by a responsible friend or relative.**
- **Please leave valuables at home.** We are not responsible for valuables brought into the hospital.
- **Please be aware, nail polish** may be removed during exam for your safety.
- **Please be aware, dentures** will be removed during exam for your safety.
- If you are coming from **out of town** or staying at some place other than your main residence, please call our office and leave a number where you can be reached.